TOGETHER FOR LIFE

Revised 08-2021

Activity Decision-Making Worksheet

TOGETHER FOR LIFE

The purpose of this worksheet is to increase the protective behaviors of school district employees and students in rural Utah that will increase seat belt use among all citizens.

Proposed Activity: _____

1. How will this activity get more school district employees/students to always wear a seat belt?

2. How will this activity get more school district employees/students to ask others to always wear a seat belt?

3. How will this activity get more families to have rules about always wearing a seat belt?

Note: Not every activity will address all three behaviors.

Impacting Key Beliefs

Will the proposed activity improve understanding or diminish understanding of the following key beliefs?

Key Belief	Improve	Diminish	No impact
Most adults in our county always wear a seat belt.	☐	☐	☐
Most adults agree they should always wear a seat belt.	☐	☐	☐
Most drivers believe it is their responsibility to get others to wear a seat belt.	☐	☐	☐
Most drivers are asking others to wear a seat belt.	☐	☐	☐
Most families have a rule about always wearing a seat belt.	☐	☐	☐
Most students wear a seat belt.	☐	☐	☐
Most students want people they care about to always wear a seat belt	☐	☐	☐
Most students agree that if a friend is not wearing a seat belt, they should ask them to wear one.	☐	☐	☐
Most students would likely ask a friend to wear a seat belt.	☐	☐	☐