

## Activity Decision - Making Worksheet



*The purpose of this worksheet is to increase protective behaviors of adults in rural Utah that will increase seat belt use among all citizens.*

Proposed Activity: \_\_\_\_\_

1. How will this activity get more adults to always wear a seat belt?
  
  
  
  
  
  
  
  
  
  
2. How will this activity get more adults to ask others to always wear a seat belt?
  
  
  
  
  
  
  
  
  
  
3. How will this activity get more families to have rules about always wearing a seat belt?

Note: Not every activity will address all three behaviors.

<b>Impacting Key Beliefs</b>			
Will the proposed activity improve understanding or diminish understanding of the following key beliefs?			
<b>Key Belief</b>	<b>Improve</b>	<b>Diminish</b>	<b>No impact</b>
Most adults in our county always wear a seat belt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Most adults agree they should always wear a seat belt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Most drivers believe it is their responsibility to get others to wear a seat belt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Most drivers are asking others to wear a seat belt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Most families have a rule about always wearing a seat belt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>