TOGETHER FOR LIFE

Revised 5-2021

Activity
Decision - Making Worksheet

The purpose of this worksheet is to increase protective behaviors of key leaders in rural Utah that will increase seat belt use among all citizens.

Proposed Activity: _____

1. How will this activity get more key leaders to advocate for seat belts?

2. How will this activity get more adults to ask others to always wear a seat belt?

3. How will this activity get more families to have rules about always wearing a seat belt?

Note: Not every activity will address all three behaviors.

Impacting Key Beliefs

Will the proposed activity improve understanding or diminish understanding of the following key beliefs?

Key Belief	Improve	Diminish	No impact
Most adults in our county always wear a seat belt.	❑	❑	❑
Most adults agree they should always wear a seat belt.	❑	❑	❑
MOST adults agree it is important to protect themselves by always wearing a seat belt.	❑	❑	❑
Most drivers believe it is their responsibility to get others to wear a seat belt.	❑	❑	❑
Most drivers are asking others to wear a seat belt.	❑	❑	❑
Most families have a rule about always wearing a seat belt.	❑	❑	❑