

Did you know?

Utah crash data show that unrestrained crash occupants were over 30 times more likely to be killed than restrained crash occupants.¹

Seat belts are the best protection.

MOST Sanpete County adults, 96%, want people they care about to always wear a seat belt.²

MOST Sanpete County adults, 58%, always wear their seat belts.²

MOST Sanpete County adults, 90%, agree it is the driver's responsibility to make sure others are wearing their seat belts.²

Choosing to be **Together For Life**

Is it important to...

Be a good role model for your children by always wearing a seat belt?



Avoid being injured or killed in a traffic crash?



Avoid getting a ticket?



Avoid a lifelong disability?



Know that people who care about you want you to always wear a seat belt?



Follow your family rules about always wearing a seat belt?



Follow your workplace rules about always wearing a seat belt?



Which one is most important to you? Think about this every time the vehicle starts. Choose to be Together for Life. Always wear a seat belt.

1. Utah Department of Public Safety, Highway Safety Office, (2015), Utah Crash Summaries, Saft Lake City, UT, Utah Department of Public Safety, Refrieved from: http://highwaysafety.utah.gov/crash-data/utah-crash-summaries.

2. Center for Health and Safety Culture, (2013), 2016. Utah community survey of adults on seet betti use. Montana State University, Bozeman, Montana, (N=1338, N=1831)

3. Fernandez, W. G., Mitchell, P. M., Jaranack, A. S., Winter, M. R., Bullock, H., Denovan, J., ... Calton, T. (2008). Brief Molfordinal Intervention to Intercess Self-reported Safety Belt Usel comong Emergency Department Palients.

Academic Emergency Medicine, 13(5), 419–425. https://doi.org/10.1111/j.1553-2712.2006.0076.x

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