



Did you know?

Utah crash data show that unrestrained crash occupants were over 30 times more likely to be killed than restrained crash occupants.¹

Seat belts are the best protection.

MOST Box Elder County adults, 96%, want people they care about to always wear a seat belt.²

MOST Box Elder County adults, 74%, always wear their seat belts.²

MOST Box Elder County adults, 92%, agree it is the driver's responsibility to make sure others are wearing their seat belts.²

www.togetherforlifeutah.org

Choosing to be Together For Life

Is it important to...

Be a good role model for your children by always wearing a seat belt?



Avoid being injured or killed in a traffic crash?



Avoid getting a ticket?



Avoid a lifelong disability?



Know that people who care about you want you to always wear a seat belt?



Follow your family rules about always wearing a seat belt?



Follow your workplace rules about always wearing a seat belt?



Which one is most important to you?
Think about this every time the vehicle starts. Choose to be Together for Life.
Always wear a seat belt.

1. Utah Department of Public Safety, Highway Safety Office. (2015). *Utah Crash Summaries*. Salt Lake City, UT. Utah Department of Public Safety. Retrieved from: <http://highwaysafety.utah.gov/crash-data/utah-crash-summaries>
2. Center for Health and Safety Culture. (2013, 2016). *Utah community survey of adults on seat belt use*. Montana State University, Bozeman, Montana. (N=1338, N=1831)
3. Fernandez, W. G., Mitchell, P. M., Jamanka, A. S., Winter, M. R., Bullock, H., Donovan, J., ... Colton, T. (2008). Brief Motivational Intervention to Increase Self-reported Safety Belt Use among Emergency Department Patients. *Academic Emergency Medicine*, 15(5), 419-425. <https://doi.org/10.1111/j.1553-2712.2008.00096.x>

www.togetherforlifeutah.org