

Adult Press Release



Utah Department of Public Safety 'Together for Life' Project Encourages Adults to Always Wear a Seat Belt

Contact:

Date:

The Utah Department of Public Safety launched its 'Together for Life' Project to increase seat belt use in several rural counties. Adults are encouraged to always wear a seat belt, engage others to always wear a seat belt, and establish family rules about always wearing a seat belt.

Data from the Utah Department of Public Safety, Highway Safety Office showed that in Utah, over the past 7 years, an estimated 411 people would have been saved had they been wearing a seat belt (2020).² Seat belts are essential to enhancing roadway safety, and adults in Utah share protective beliefs and behaviors about seat belt use.¹

Results from a survey conducted of adults in Iron and Uintah Counties reveal:

- Most adults always wear a seat belt.¹
- Most drivers (IR 75%; UI 68%) believe it is their responsibility to make sure others in the vehicle wear a seat belt.¹
- Most drivers (IR 94%; UI 91%) agree being comfortable asking others to wear their seat belts.¹
- Most drivers (IR 81%; UI 80%) are asking others to wear a seat belt.¹
- Most families (IR 75%; UI 73%) have a rule about always wearing a seat belt.¹

To learn about the Together for Life Project in Utah visit: togetherforlifeutah.org

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References

1. Center for Health and Safety Culture. (2020). *Utah community survey of adults on seat belt use in Iron and Uintah Counties*. Montana State University, Bozeman, Montana. (N=673)
2. Utah Department of Public Safety, Highway Safety Office. *Utah Crash Data and Statistics*, Salt Lake City, UT: Utah Department of Public Safety. Retrieved from <https://highwaysafety.utah.gov/crash-data/>